



Dear VFP members,

My name is Olivia Kostreva, and I am a graduate student studying Clinical Mental Health Counseling at the University of Wisconsin - Whitewater. I spent a short time as a Chaplain's Assistant in the Army National Guard, where I had the opportunity to work with service-members returning from deployment.

I know that combat experience is highly personal. Oftentimes the lasting symptoms of combat experience are filed under the umbrella of PTSD. I am conducting a study focused on combat experience involving moral conflict - sometimes called moral injury - and how this affects how "human" people feel when they return home. It is my hope that the information gained in this study will help inform mental health treatment for service-members who have experienced moral injury.

I am seeking participants, age 18 or older, with combat experience from any era of service. The study will be based online. It will consist of 35 multiple-choice questions and three sections, including:

- 1) Basic demographic information.
- 2) Types of combat-related experiences, for example, "I sometimes lash out at others because I feel badly about things I did in the military."
- 3) Questions about how you perceive yourself.

To access the study, please go to:

[http://uwwhitewater.co1.qualtrics.com/jfe/form/SV\\_6VbONuynA0bUJRs](http://uwwhitewater.co1.qualtrics.com/jfe/form/SV_6VbONuynA0bUJRs) , or scan the qr code at the bottom of the page. Any interested participants can request a copy of the finished research via email, and it will be provided on its completion.

If you wish additional information on this study, or have any questions/concerns please contact Olivia Kostreva at:

[kostreva30@uww.edu](mailto:kostreva30@uww.edu)

Thank you for your time and consideration,

Olivia Kostreva

